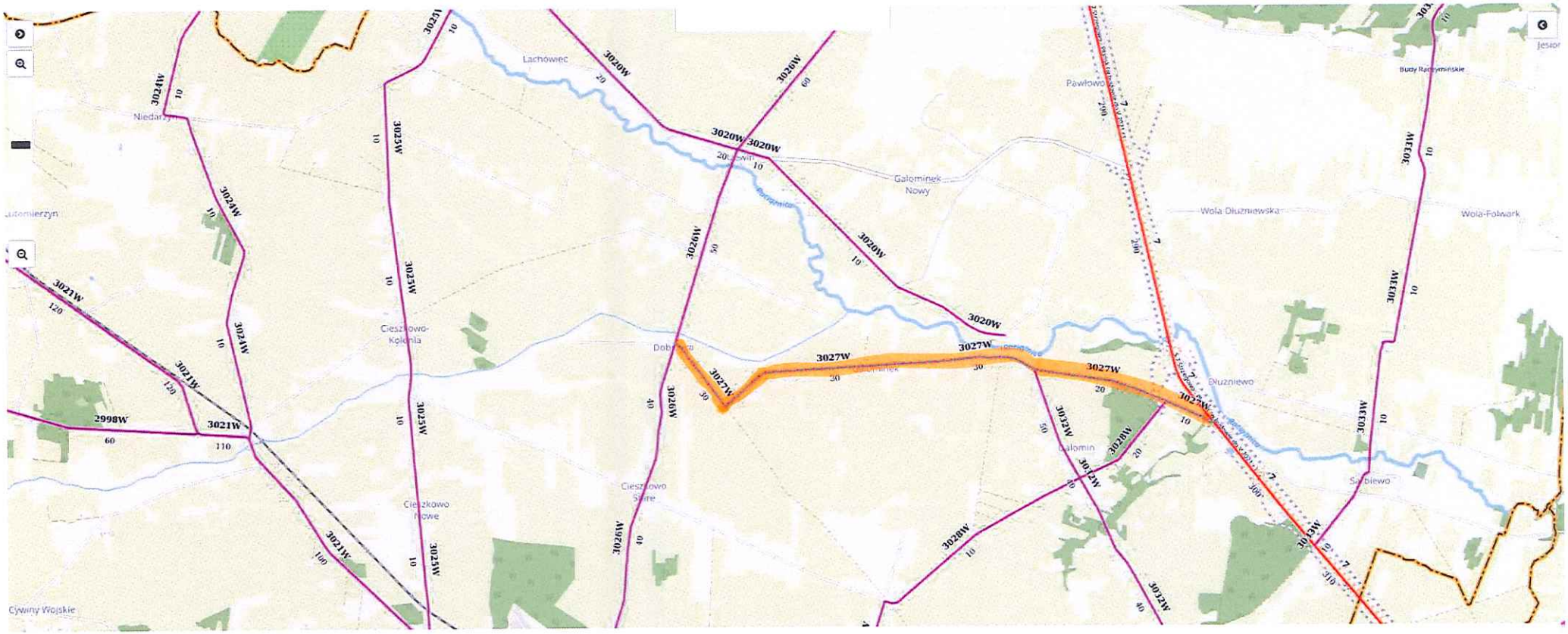Plan Sytuacyjny